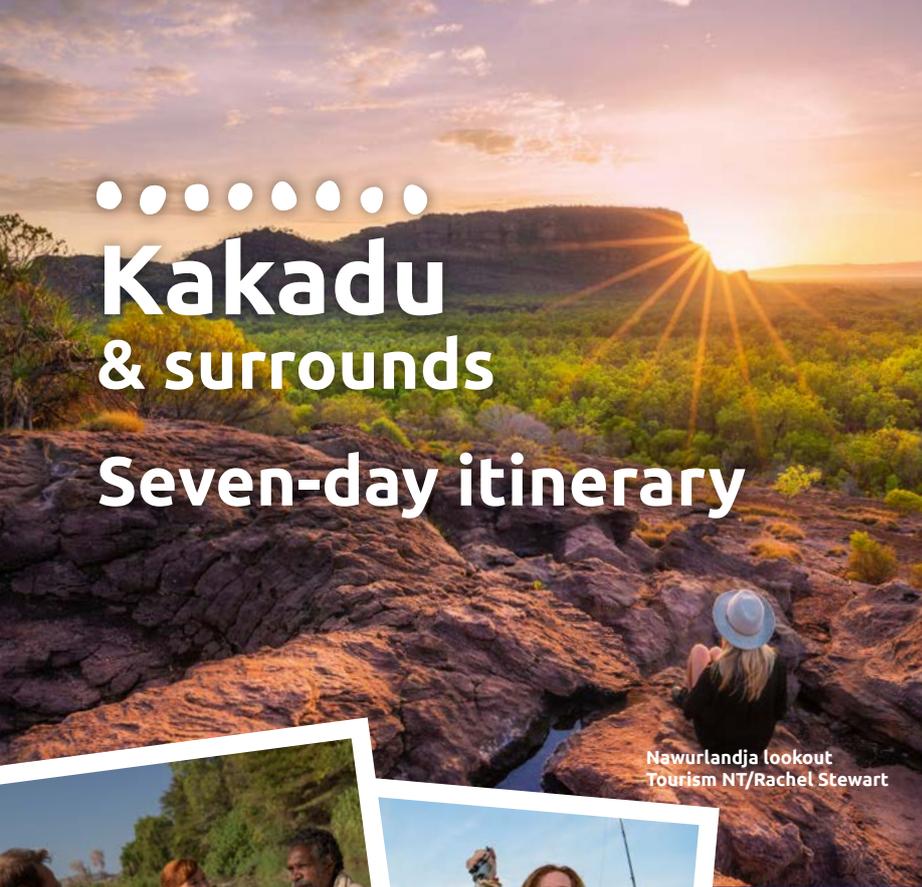


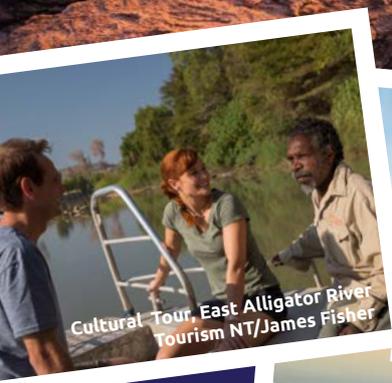


Kakadu & surrounds

Seven-day itinerary



Nawurlandja lookout
Tourism NT/Rachel Stewart



Cultural Tour, East Alligator River
Tourism NT/James Fisher



Fishing, Yellow Water Billabong
Tourism NT/Shana McNaught



Make the most of a week in Kakadu National Park by taking your time to really uncover the natural wonder in this part of the Northern Territory.

Learn the ancient stories and traditions of one of oldest living cultures on earth. Get up close and personal with the largest reptile on the planet and learn about native wildlife on a river cruise. Take a day trip to relax under waterfalls and swim in crystal clear plunge pools. Climb to great heights for unsurpassed views of the Park's incredible floodplains and escarpment country, then finish off your days taking in Kakadu's iconic sunsets.



Top 10

1. Visit the **Bowali Visitor Centre** to plan your activities while you're in the Park
2. Don't miss an unforgettable sunset from the top of **Ubirr** overlooking the Nadab floodplain
3. Hop on a wildlife **cruise** on Yellow Water Billabong or the East Alligator River with a local guide
4. Join a one-day cultural **tour** and discover ancient Aboriginal culture first hand with a local guide
5. Walk the circuit at **Nourlangie** and set your sights on one of Australia's most outstanding Aboriginal rock art sites
6. View the majestic Jim Jim Falls and Twin Falls on a **scenic flight** with views of towering escarpments and sparkling waters
7. Cool off and visit **Marrawuddi Gallery** in Jabiru
8. Learn more about Aboriginal culture at the **Warradjan Cultural Centre**
9. Try your luck catching the famous Barramundi on a **Yellow Water Billabong Fishing Tour**
10. Head to **Maguk** waterfall for the perfect place for a picnic and swim in monsoon forest surroundings

DAY 1

Rise early this morning for the 2-hour drive departing Darwin along the Stuart Highway then turn onto the Arnhem Highway to access the northern entry of **Kakadu National Park**. A 4WD vehicle is highly recommended for this trip as some locations are only accessible via a 4WD track.

As you'll be visiting Aboriginal-owned land and a national park, a park pass is required. Your pass includes entry to the Park, ranger-guided walks and talks, and interpretive materials. You can buy your pass online or at several convenient locations in the Top End. For details visit **Parks Australia**.

The **Bowali Visitor Centre** is recommended for your first stop. Here you pick up refreshments at the cafe before wandering

through the interpretive displays and the gallery. Remember to check in with the staff at the visitor centre regarding any possible road closures or conditions you should be aware of for your Kakadu trip.

Experience Kakadu from the water and book a cultural **cruise** on the East Alligator River. Keep an eye out for crocodiles while your local guide talks about culture, shares creation stories, bush foods and survival skills. Disembark and walk onto Arnhem Land for a display of traditional hunting and gathering techniques.

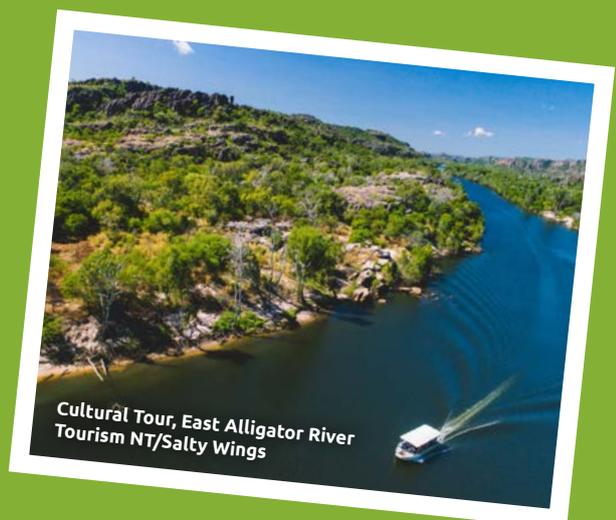
Home tonight is in Jabiru, Kakadu's main township, which has a variety of **accommodation options** including camping and hotels.



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Cultural Tour, East Alligator River
Tourism NT/Salty Wings

Rock art, Injalak Hill, Arnhem Land
Tourism NT/James Fisher



DAY 2

Today, immerse yourself in the culture of the region and join a one-day Arnhem Land Aboriginal cultural **tour**. Led by a local Aboriginal guide, you'll get to explore ancient rock art on Injalak Hill and have the opportunity to visit the **Injalak Art Centre**.

The centre is a source for high-calibre Aboriginal art, all made locally. You may also be able to see the artists at work, and watch local women weaving pandanus baskets. All permits to enter Arnhem Land are included on an approved tour.

You also have the option to visit the Injalak Art Centre on a self-drive, however please be mindful that you will need to apply for a permit prior to your visit through the **Northern Land Council**. Alternatively you can apply for permits at the NLC office in Jabiru. Make sure you have some time up your sleeve, as the permit can take a couple of days to be approved.

If you are travelling during the dry season, make the most of the **seasonal ranger program** and get involved with over 40 free activities per week to choose from, such as cultural demonstrations, guided walks, night time slideshows and rock art presentations.

The late afternoon guided walk at **Ubirr**, one of Kakadu's most visited sites is a must-do. The local guide will explain the meanings of the ancient Aboriginal rock art and you'll finish the tour on top of Ubirr in time for a stunning sunset and memorable views across the floodplains.

On the way home, grab a bite to eat from the Border Store, which is well known for its delicious food and friendly service.



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Nadab Lookout, Ubirr
Tourism NT/Nicholas Kavo

DAY 3

Head south from Jabiru to visit **Nourlangie** rock art site, which was used by the local Aboriginal people as a shelter from storms for thousands of years. The art on the walls serve as an insight into their rich spiritual tradition. In the dry season (May to October), free ranger guided walks are available daily.

Back off the Kakadu Highway is **Mirray Lookout**. If you're feeling active, challenge yourself to the 3.6 km return trail to the top of Mount Cahill which takes approximately 1.5 hours to complete. You won't be disappointed with the stunning panoramic views of the escarpment and floodplains of central Kakadu.

For an incredible sunset spot, make sure to head to Nawurlandja lookout and take the short, steep hike for impressive views across Anbangbang Billabong.

Head approximately 20 km along the Kakadu Highway and turn off to **Cooinda Lodge**, where there's a variety of accommodation options to choose from, restaurant and pool. The lodge also offers entertainment and activities for guests, from bush tucker talks to live music.

DAY 4

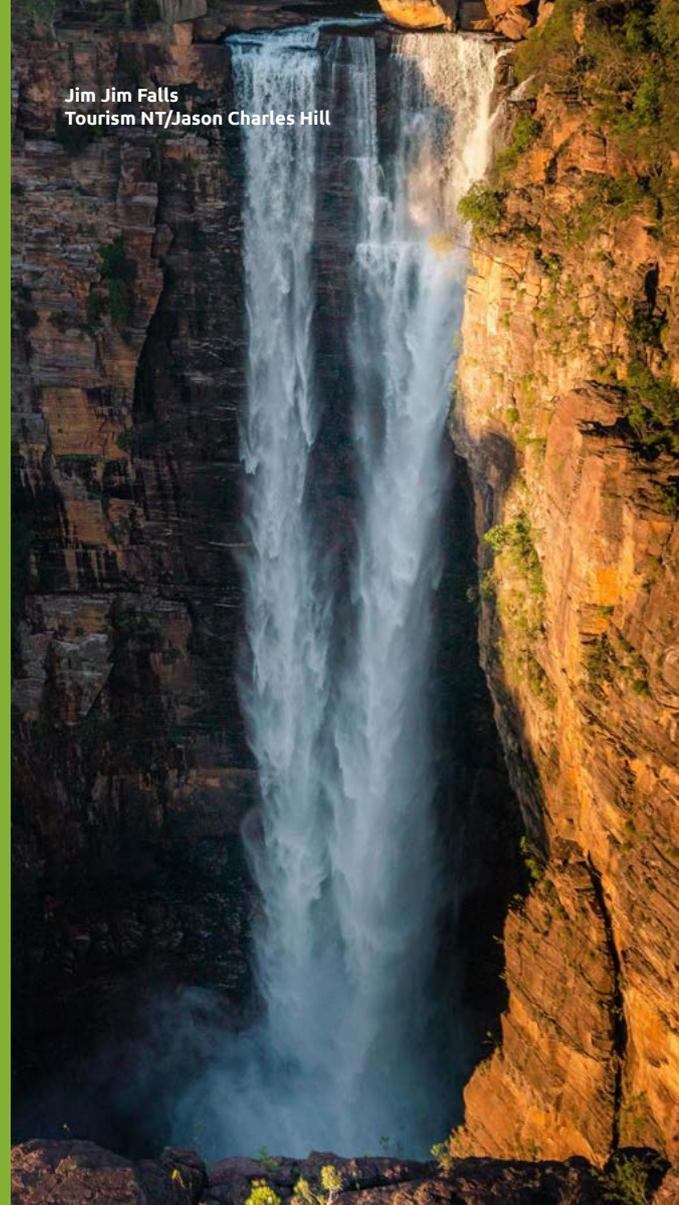
Today you'll be embarking on a four-wheel drive adventure to the pristine locations of **Jim Jim Falls** and Twin Falls. Travel approximately 2 hours down the 4WD track to your first stop at Jim Jim Falls, which is accessible during the dry season.

You'll be rewarded after the energetic journey with incredible views of the red ochre Aescarpment contrasting the crystal clear waters of the falls. Stretch your legs and set off on the 2 km return walk through a monsoon forest that will take you to a deep plunge pool surrounded by ancient, 150-metre high cliffs. During the wet season (November to April), the falls are in full force and are a spectacular sight from the sky.

You'll find the picnic area located along the Jim Jim Falls access road on the way to Twin Falls. Stop here for a bite to eat before making your way to Twin Falls, just 10 km further up the road. Be warned, a 4WD with a snorkel is highly recommended for this part of the journey as there is a creek crossing to drive through which is usually around 0.6 – 0.7 m in depth.

You can access **Twin Falls** via the Twin Falls Gorge Boat Shuttle Service that will ferry you to the base of the falls, during which you can learn about the area from a talk given by the guide on the boat. The shuttle service returns regularly until late in the afternoon, and tickets can be purchased from the campground. Immerse yourself in the tranquil surroundings and take a scenic stroll along the boardwalk to the cascading falls, or sit back and relax on the white sandy shore.

Drive back to the Kakadu Highway this afternoon and make your way back to your accommodation at Cooinda Lodge.



Jim Jim Falls
Tourism NT/Jason Charles Hill



Scenic flight, Twin Falls
Tourism NT/Sam Earp



Maguk plunge pool
Tourism NT/Adriana Alvarado



DAY 5

Start the day off with a visit to the **Warradjan Cultural Centre**. Here, you can learn about the culture and beliefs of the local Aboriginal people and see traditional weaving and cooking techniques.

Get acquainted with Kakadu's most famous wetland on a **Yellow Water Billabong Sunset Cruise**. It's the best way to see the wetland wildlife in their pristine natural environment; the billabong is home to crocodiles and a vast range of resident birdlife. Watch the Brolgas dance as the sun sets while your experienced guide gives a fascinating insight into how the Bininj people used the flora and fauna to support their way of life.

If you want to get amongst the action, perhaps a **Yellow Water Fishing Tour** is more up your alley? Led by experienced fishing guides, you'll have the opportunity to catch a famous barramundi on Kakadu's most famous billabong. If you reel in one that's a keeper, you can have one of the chefs cook it up exactly to your liking. It's a fishing adventure you'll remember forever.

Head back to your accommodation at Coinda Lodge and wind down after a full day spent exploring.

DAY 6

Get on the road again with a packed lunch and plenty of snacks – your destination this time is further along the Kakadu Highway.

This morning you'll be rewarded with a trip to **Maguk**. Take the 2km return walk over river bed to the base of Maguk waterfall that is well worth your effort. You'll be greeted with crystal clear pools that are perfect to relax by in the mid-morning sun.

Once you're ready to hit the road again, head further south into the national park with a visit to **Motor Car Falls** – a glorious location with a cascading waterfall feeding into the plunge pool below.

Motor Car Falls is part of the Yurmikmik walks area. Make sure to be prepared with plenty of water for the 7.5 km return hike.

If you have plenty of time leftover this afternoon, you may consider one of the other shorter walks in the area.

Remember to check road conditions daily before travelling to any location within the national park. Sites can be closed subject to weather during the wet season.

DAY 7

Today is your final day in Kakadu National Park. Make the most the morning to relax at your accommodation poolside before driving back to Darwin via the Kakadu Highway.

Stop over at the Bark Hut Inn or have lunch at the **Purple Mango Cafe** along the way. There are several places to relax with a cool drink and a chat with the locals. Continue on your way back to Darwin reliving memories of your Kakadu adventures.



Bowali Visitor Centre
Tourism NT/Shanaa McNaught



Yellow Water Sunset Cruise
Tourism NT/Shanaa McNaught